BREAKFAST

August 2024



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			No School	No School
5	6	7	8	9
No School	No School	No School	No School	No School
12	13	14	15	16
No School	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk
19	20	21	22	23
Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Frosted Flakes Cereal Bowl Fruit Milk	Blueberry Muffin Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
26	27	28	29	30
Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Coco Puffs Cereal Bowl Fruit Milk	Cheddar Stick Apple Muffin Fruit Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

 $V = vegeterian \mid DF = dairy free \mid GF = gluten free \mid CL = Cold Lunch$

BREAKFAST



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
No School	Banana Muffin Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk
9	10	11	12	13
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
16	17	18	19	20
Yogurt Cup Coco Puffs Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk
23	24	25	26	27
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	No School
30				
Yogurt Cup Cinnamon Granola Fruit Milk				

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

BREAKFAST October 2024



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	4
	String Cheese Frosted Flakes Cereal Bowl Fruit Milk	Blueberry Muffin Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
7	8	9	10	11
Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	No School	No School
14	15	16	17	18
No School	Banana Muffin Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk
21	22	23	24	25
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
28	29	30	31	
Yogurt Cup Coco Puffs Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST November 2024



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
				Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk
4	5	6	7	8
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk
11	12	13	14	15
No School	String Cheese Frosted Flakes Cereal Bowl Fruit Milk	Blueberry Muffin Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
18	19	20	21	22
Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	No School	No School
25	26	27	28	29
No School	No School	No School	No School	No School

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST December 2024



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
9	10	11	12	13
Yogurt Cup Coco Puffs Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk
16	17	18	19	20
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk
23	24	25	26	27
No School	No School	No School	No School	No School
30	31			
No School	No School			

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST January 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
No School	No School	No School	No School	No School
6	7	8	9	10
No School	Banana Muffin Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk
13	14	15	16	17
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
20	21	22	23	24
No School	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk
27	28	29	30	31
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST February 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Frosted Flakes Cereal Bowl Fruit Milk	Blueberry Muffin Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
10	11	12	13	14
Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Coco Puffs Cereal Bowl Fruit Milk	Cheddar Stick Apple Muffin Fruit Milk
17	18	19	20	21
No School	No School	No School	No School	No School
24	25	26	27	28
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST March 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Yogurt Cup Coco Puffs Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk
10	11	12	13	14
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	No School
17	18	19	20	21
No School	No School	Blueberry Muffin Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
24	25	26	27	28
Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Coco Puffs Cereal Bowl Fruit Milk	Cheddar Stick Apple Muffin Fruit Milk
31				
No School				

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST April 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Banana Muffin Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk
7	8	9	10	11
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
14	15	16	17	18
No School	No School	No School	No School	No School
21	22	23	24	25
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	Bagel w/Cream Cheese Fruit Milk
28	29	30		
Yogurt Cup Cinnamon Granola Fruit Milk	String Cheese Frosted Flakes Cereal Bowl Fruit Milk	Blueberry Muffin Fruit Milk		

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

BREAKFAST May 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Bagel w/Cream Cheese Fruit Milk	Cheddar Stick Golden Graham Cereal Bowl Fruit Milk
5	6	7	8	9
Strawberry Poptart	Bagel w/Cream Cheese	Yogurt Cup	String Cheese	Cheddar Stick
Fruit Milk	Fruit Milk	Cinnamon Granola Fruit Milk	Coco Puffs Cereal Bowl Fruit Milk	Apple Muffin Fruit Milk
12	13	14	15	16
Yogurt Cup Apple Cinnamon Cheerios (GF) Fruit Milk	Banana Muffin Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk
19	20	21	22	23
Cheddar Stick Blueberry Muffin Fruit Milk	Strawberry Poptart Fruit Milk	String Cheese Golden Graham Cereal Bowl Fruit Milk	Yogurt Cup Cinnamon Granola Fruit Milk	Bagel w/Cream Cheese Fruit Milk
26	27	28	29	30
No School	Bagel w/Cream Cheese Fruit Milk	String Cheese Cinnamon Chex Bowl (GF) Fruit Milk	Strawberry Poptart Fruit Milk	Cheddar Stick Frosted Flakes Cereal Bowl Fruit Milk

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK

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BREAKFAST June 2025



Summit Atlas

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
String Cheese Golden Graham Cereal Bowl Fruit Milk	Cheddar Stick Banana Muffin Fruit Milk	Cheddar Stick Coco Puffs Cereal Bowl Fruit Milk	Strawberry Poptart Fruit Milk	No School
9	10	11	12	13
No School	No School	No School	No School	No School
16	17	18	19	20
No School	No School	No School	No School	No School
23	24	25	26	27
No School	No School	No School	No School	No School
30				
No School				

ALL MEALS ARE SERVED WITH FRESH FRUITS, SUBJECT TO CHANGE BASED ON AVAILABILITY ALL MEALS ARE SERVED WITH A VARIETY OF MILK