




# AUGUST BREAKFAST




Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>
Cinnamon Crumble Cheerios Cereal w/ Honey Grahams	Vanilla Concha Yogurt 4 oz. & Honey Grahams	Banana Bread Frosted Flakes & Honey Grahams	Cinnamon Roll Whole Grain Muffin	Cranberry Oatmeal Round Cinnamon Chex Cereal w/ Honey Grahams
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Mantecada Sweet Bread Cheerios Cereal w/ Honey Grahams	Waffles w/ Syrup Vanilla Concha	Cinnamon Crumble Frosted Flakes & Honey Grahams	Yogurt Parfait w/ Blueberries Cinnamon Granola Whole Grain Muffin	Conchita & String Cheese Cinnamon Chex Cereal w/ Honey Grahams
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Cinnamon Crumble Cheerios Cereal w/ Honey Grahams	Egg & Cheese Sandwich Vanilla Concha	Banana Bread Frosted Flakes & Honey Grahams	French Toast Sticks w/ Syrup Blueberry Muffin	Cranberry Oatmeal Round Cinnamon Chex Cereal w/ Honey Grahams
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Mantecada Sweet Bread Cheerios Cereal w/ Honey Grahams	Waffles w/ Syrup Vanilla Concha	Cinnamon Crumble Frosted Flakes & Honey Grahams	Yogurt Parfait w/ Blueberries & Cinnamon Granola Whole Grain Muffin	Conchita & String Cheese Cinnamon Chex Cereal w/ Honey Grahams
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Cinnamon Crumble Cheerios Cereal w/ Honey Grahams	Egg & Cheese Sandwich Vanilla Concha	Banana Bread Frosted Flakes & Honey Grahams	French Toast Sticks w/ Syrup Whole Grain Muffin	Cranberry Oatmeal Round Cinnamon Chex Cereal w/ Honey Grahams

<b>Breakfast Includes:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams	Whole Apples, Sliced Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice  	Scan Our QR Code Daily Rate the Meal You Ate <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a> 

# AUGUST LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> Cheeseburger & Fries Turkey & Cheese Torta & Corn Salad Double Cheese Torta & Corn Salad	<b>30</b> Chicken Alfredo Pasta Turkey & Cheese Sub Protein Pack: String Cheese, Sunflower Seeds & Crackers (V)	<b>31</b> Chicken Tamale w/ Carrots Soy Butter & Jelly Sandwich (V) Cheese Pizza Kit (V)	<b>1</b> Turkey Nachos w/ Refried Beans Chicken Salad Sandwich Hummus, Flatbread & Egg Kit (V)	<b>2</b> Cheese Pizza (V) Chicken Teriyaki Pasta Salad Lunch Yogurt Parfait w/ Blueberries & Cinnamon Granola (V)
<b>5</b> Hot Dog & Fries Turkey & Cheese Torta & Corn Salad Double Cheese Torta & Corn Salad	<b>6</b> Chicken Bites w/ Mashed Potatoes Chicken Salad Sandwich Protein Pack: String Cheese, Yogurt & Crackers (V)	<b>7</b> Teriyaki Chicken w/ Yakisoba Noodles Turkey & Cheese Sub Egg Salad Sandwich	<b>8</b> Beef, Bean, & Cheese Burrito Mexican Chicken Salad w/ Chips Cheese Pizza Kit (V)	<b>9</b> Pepperoni Pizza Soy Butter & Jelly Sandwich (V) Mantecada, String Cheese, Yogurt & Carrots Kit (V)
<b>12</b> Turkey & Cheese Torta & Corn Salad Cheeseburger & Fries Double Cheese Torta & Corn Salad	<b>13</b> Mac & Cheese w/ Peas (V) Turkey & Cheese Sub Protein Pack: String Cheese, Sunflower Seeds & Crackers (V)	<b>14</b> Chicken Tamale w/ Carrots Soy Butter & Jelly Sandwich (V) Cheese Pizza Kit (V)	<b>15</b> Hummus, Flatbread & Egg Kit (V) Turkey Nachos w/ Refried Beans Chicken Salad Sandwich	<b>16</b> Lunch Yogurt Parfait w/ Blueberries & Cinnamon Granola (V) Cheese Pizza (V) Chicken Teriyaki Pasta Salad
<b>19</b> Hot Dog & Fries Turkey & Cheese Torta & Corn Salad Double Cheese Torta & Corn Salad	<b>20</b> Chicken Salad Sandwich Protein Pack: String Cheese, Yogurt & Crackers (V) Chicken Bites w/ Mashed Potatoes	<b>21</b> Turkey & Cheese Sub Teriyaki Chicken w/ Noodles Egg Salad Sandwich	<b>22</b> Mexican Chicken Salad w/ Chips Beef, Bean, & Cheese Burrito Cheese Pizza Kit (V)	<b>23</b> Pepperoni Pizza Soy Butter & Jelly Sandwich (V) Mantecada, String Cheese, Yogurt & Carrots Kit (V)
<b>26</b> Cheeseburger & Fries Turkey & Cheese Torta & Corn Salad Double Cheese Torta & Corn Salad	<b>27</b> Mac & Cheese w/ Peas (V) Turkey & Cheese Sub Protein Pack: String Cheese, Sunflower Seeds & Crackers (V)	<b>28</b> Cheese Pizza Kit (V) Chicken Tamale w/ Carrots Soy Butter & Jelly Sandwich (V)	<b>29</b> Turkey Nachos w/ Refried Beans Chicken Salad Sandwich Hummus, Flatbread & Egg Kit (V)	<b>30</b> Cheese Pizza (V) Chicken Teriyaki Pasta Salad Lunch Yogurt Parfait w/ Blueberries & Cinnamon Granola (V)

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance	<b>Monday:</b> French Fries or Corn Salad <b>Tuesday:</b> Carrots or Broccoli <b>Wednesday:</b> Crunchy Beans <b>Thursday:</b> Cucumber / Celery <b>Friday:</b> Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice <b>Seasonal: Grapes &amp; Plums</b> 	Scan Our QR Code Daily Rate the Meal You Ate <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a> 