



SUMMIT PUBLIC SCHOOLS

December 4th, 2023 Agenda

Leader	Facilitator	Notetaker	Timekeeper
Aubree Guyton	Yesenia Barajas	Geoff Lui	

Agenda Items:

1. Pass out [Wellness Policy Copies](#), Assign Roles, Sign In
 - o [Sign In Atlas](#)
 - o [Sign In Sierra](#)
 - o [Sign In Olympus](#)
2. Introductions
 - o Name
 - o Role
 - o What is your favorite place to eat lunch?
3. Wellness Bright Spots from last year or start of this year:
 - o Atlas: Access to more outside time/PE programming. More students walking to school and opportunities for students to access breakfast even if they are late.
 - o Sierra: Breakfast after the bell is a huge plus for students.
 - o Olympus: -
4. Review Current [Wellness Policy](#)
 - o Questions : N/A
 - o Comments : N/A
5. Complete [Healthy Schools Program Assessment](#) as a committee
 - o [Form Option](#)
6. Based on Results of Assessment, choose 1-2 measurable; achievable goals for your SFA to work towards this school year.
 - o Goal 1: Collaborate with Fresh and Local to provide a tasting menu for students to have a say in what food choices they have.
 - o Goal 2:
 - o Advocate for and promote mental health services. Having school counselors speak to each class at the beginning of each school year to introduce themselves to new/returning students to provide resources.
 - o Partner with counselors to promote mental health wellness resources. Connect with families to inform them of available resources for their student(s).
7. [Review menus](#) and student feedback
 - o
8. Other wellness concerns, ideas, input?
 - o RN Geoff Lui - continue pushing for mental health promotion
 - o Caregivers:
 - o Students: - N/A
9. Set date for next meeting in 2-3 months
 - o March 4, 2024
10. Next Steps:
 - o Scan today's sign-in, notes, and next meeting date to School Food Solutions – Aubree Guyton



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- Post today's assessment, notes, and next meeting date to website via HelpDesk – Aubree Guyton
- Send out calendar invitation to all committee members – Aubree Guyton
- Post next wellness committee meeting on school website – Aubree Guyton
- Send invitation letter to other potential committee members – Yesenia Barajas

Sign In ATLAS

Name	Role	Email
Yesenia Barajas	Dean of Operations	ybarajas@summitps.org
Geoff Lui	Nurse	glui@summitps.org

SIGN IN SIERRA

Name	Role	Email
Aubree Guyton	Dean of Operations	aguyton@summitps.org
Geoff Lui	Nurse	glui@summitps.org

SIGN IN OLYMPUS

Name	Role	Email
Onya Robertson	Parent	
Geoff Lui	Nurse	glui@summitps.org