



Summit-Olympus

FEATURE OF THE MONTH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| | | | <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit 1</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> | <p>Breakfast: WG Cinnamon Poptart, String Cheese, fresh fruit 2</p> <p>Lunch: (DF) Orange Chicken and Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> |
| <p>Breakfast: String Cheese, WG Muffin, fresh fruit 5</p> <p>Lunch: (DF) Popcorn Chicken, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> | <p>Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit 6</p> <p>Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies</p> <p>Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans, fresh fruit, and veggies</p> | <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit 7</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> | <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit 8</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots</p> | <p>Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit 9</p> <p>Lunch: Chicken Caesar Salad, Whole Wheat Roll, fresh fruit</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> |
| <p>Breakfast: WG Muffin, String Cheese, fresh fruit 12</p> <p>Lunch: (DF) Chicken Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> | <p>Breakfast: Cheddar Stick 0.75oz, Golden Grahams Cereal Bowl- 1oz, fresh fruit 13</p> <p>Lunch: Burrito Bowl, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, and veggies</p> | <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit 14</p> <p>Lunch: (V) French Toast Stick Lunch, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> | <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit 15</p> <p>Lunch: Chicken Salad Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> | <p>Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit 16</p> <p>Lunch: (GF, DF) Teriyaki Chicken with Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> |
| <p>Lunch: No School 19</p> | <p>Lunch: No School 20</p> | <p>Lunch: No School 21</p> | <p>Lunch: No School 22</p> | <p>Lunch: No School 23</p> |
| <p>Breakfast: WG Muffin, String Cheese, fresh fruit 26</p> <p>Lunch: (DF) Popcorn Chicken, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, Frozen Diced Carrots</p> | <p>Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit 27</p> <p>Lunch: (GF Filling, DF) Soft Chicken Tacos, fresh fruit, and veggies</p> <p>Alt. Lunch: (GF Filling, V, DF) Soft Taco w/ Pinto Beans, fresh fruit, and veggies</p> | <p>Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit 28</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p> | <p>Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit 29</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> | |

DF - Dairy Free

GF - Gluten Free

V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.