








January 2024

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
FEATURED ENTREE OF THE DAY				
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
	Bean & Cheese Burrito 	Yogurt 4oz & Honey Grahams	Cinnamon Waffles Syrup 	Cranberry Oatmeal Round
	Orange & Pear	100% Fruit Juice (4 oz) & Apple (1/2 c)	Orange & Pear	Pear (1/2 c) & Apple (1/2 c)
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
SHELF STABLE: Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Yogurt Parfait w/ Blueberries Honey Grahams	Banana Bread	Scrambled Egg & Cheese Breakfast Sandwich 	Bagel w/ Cream Cheese
Apple Sauce 2x (1/2 c) Shelf Stable Milk	Orange & Pear	100% Fruit Juice (4 oz) & Apple (1/2 c)	Banana & Pear	Pear (1/2 c) & Apple (1/2 c)
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	Cinnamon Chex Cereal w/ Honey Grahams
	SHELF STABLE: Cheerios Cereal w/ Honey Grahams	Cinnamon Roll	French Toast Sticks 	Vanilla Mini Loaf & String Cheese
	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Bean & Cheese Burrito 	Yogurt 4oz & Honey Grahams	Cinnamon Waffles Syrup 	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Yogurt Parfait w/ Blueberries Honey Crackers	Banana Bread	Scrambled Egg & Cheese Breakfast Sandwich 	Bagel w/ Cream Cheese
Orange (1/2 c) & Apple (1/2 c)	Banana(1/2 c) & Pear (1/2 c)	100% Fruit Juice (4 oz) & Apple (1/2 c)	Orange & Pear (1/2 c)	Pear (1/2 c) & Apple (1/2 c)

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
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January 2024

Lunch Menu K-8



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	NEW Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Carrot Coins	Turkey Nachos Tortilla Chips	Deep Dish Pepperoni Pizza
COLD ENTRÉES OF THE DAY				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Turkey & Cheese Submarine Sandwich <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Baby Carrots</i>	Turkey & Cheese Torta <i>Garbanzo Bean & Tomato Salad</i>	Turkey & Cheese Submarine Sandwich
Double Cheese Torta <i>Side of Baked Fries</i> ✓	Soy Butter & Jelly Sandwich <i>Baby Carrots</i> ✓	Build Your Own Cheese Pizza Kit Marinara Sauce ✓	Artisan Cheese Sandwich <i>Garbanzo Bean Salad</i> ✓	Egg Salad Sandwich ✓
ENTRÉE SALAD OF THE DAY				
		Vegetable Chef Salad w/ Egg & Cheese <i>Dinner Roll Ranch Dressing</i>	Chicken Taco Salad <i>Dinner Roll Ranch Dressing</i>	NEW Chicken Caprese Salad <i>Dinner Roll Italian Dressing</i>
FEATURED ENTRÉE OF THE DAY				
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
	Baked Ziti w/ Meat Sauce	Chicken "Poptilla" Soup <i>Original Poptilla Chips</i>	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
	Cheese Lasagna w/ Marinara Sauce ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Cheese Tamale w/ Black Beans (1/2c) ✓	Deep Dish Cheese Pizza ✓
	<i>Baby Carrots</i>	NEW <i>Roasted Chickpeas</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad (1 c) w/ Ranch</i>
	<i>Orange</i>	<i>Pear</i>	<i>Apple</i>	<i>Orange</i>
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili <i>Original Poptilla Chips</i>	Hamburger
SHELF STABLE: Beef Bites & Cheese Stick OR Hummus & Cheese <i>*MUST order for Day Aheads*</i>	Cheesy Alfredo Pasta w/ Steamed Broccoli ✓	Bean & Cheese Burrito w/ Pinto Beans ✓	Cheese Tamale w/ Black Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad (1 c) w/ Ranch</i>
<i>100% Fruit Juice (4 oz) (No Juice: Apple 1/2 c)</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Extended Shelf Life Meal <i>*Must be order for Day Ahead*</i>	Chicken Bites & Waffles & Seasoned Potatoes <i>Syrup</i>	Chicken Fajitas w/ Pinto Beans <i>Nacho Poptilla Chips</i>	Beef, Bean & Cheese Burrito
	Cheesy Baked Ziti w/ Marinara Sauce ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Cheese Tamale w/ Black Beans ✓	Deep Dish Cheese Pizza ✓
	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Hot Dog Oven Baked Fries	Baked Ziti w/ Meat Sauce	Chicken "Poptilla" Soup <i>Original Poptilla Chips</i>	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
Cheese Melt Oven Baked Fries ✓	Cheese Lasagna w/ Marinara Sauce ✓	Bean & Cheese Pupusa w/ Pinto Beans ✓	Cheese Tamale w/ Black Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad (1 c) w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili <i>Poptillas Chips</i>	Hamburger
Cheese Melt Oven Baked Fries ✓	Cheesy Alfredo Pasta w/ Steamed Broccoli ✓	Bean & Cheese Burrito w/ Pinto Beans ✓	Cheese Tamale w/ Black Beans ✓	Deep Dish Cheese Pizza ✓
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Roasted Chickpeas</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice</i>	<i>Orange</i>	<i>Banana</i>	<i>Apple</i>	<i>Orange</i>

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
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January 2024

Lunch Menu 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	NEW Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Carrot Coins	Turkey Nachos Tortilla Chips	Deep Dish Pepperoni Pizza
COLD ENTRÉES OF THE DAY				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Turkey & Cheese Submarine Sandwich <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Baby Carrots</i>	Turkey & Cheese Torta <i>Garbanzo Bean & Tomato Salad</i>	Turkey & Cheese Submarine Sandwich
Double Cheese Torta <i>Side of Baked Fries</i>	Soy Butter & Jelly Sandwich <i>Baby Carrots</i>	Build Your Own Cheese Pizza Kit Marinara Sauce	Artisan Cheese Sandwich <i>Garbanzo Bean Salad</i>	Egg Salad Sandwich
ENTRÉE SALAD OF THE DAY				
		Vegetable Chef Salad w/ Egg & Cheese <i>Dinner Roll Ranch Dressing</i>	Chicken Taco Salad <i>Dinner Roll Ranch Dressing</i>	Chicken Caprese Salad <i>Dinner Roll Italian Dressing</i>
FEATURED ENTRÉE OF THE DAY				
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
	Baked Ziti w/ Meat Sauce <i>Wheat Crackers</i>	Chicken "Poptilla" Soup <i>Original Poptilla Chips</i>	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans (1/2c)	Deep Dish Cheese Pizza
	<i>Baby Carrots</i>	NEW <i>Fava Bean Crisps</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Apple</i>
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili <i>Original Poptilla Chips</i>	Hamburger
Shelf Stable Meal Beef Bites & Cheese Stick OR Hummus & Cheese <i>*MUST order for Day Aheads*</i>	Cheesy Alfredo Pasta w/ Steamed Broccoli	Bean & Cheese Burrito w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Fava Bean Crisps</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Apple</i>
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Extended Shelf Life Meal <i>*Must be order for Day Ahead*</i>	Chicken Bites & Waffles & Seasoned Potatoes <i>Syrup</i>	Chicken Fajitas w/ Pinto Beans <i>Original Poptilla Chips</i>	Beef, Bean & Cheese Burrito
	Cheesy Baked Ziti w/ Marinara Sauce	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
	<i>Baby Carrots</i>	<i>Fava Bean Crisps</i>	<i>Celery Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Pear</i>
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Hot Dog Oven Baked Fries	Baked Ziti w/ Meat Sauce	Chicken "Poptilla" Soup <i>Original Poptilla Chips</i>	Chicken Burrito Bowl w/ Black Beans & Rice	Grilled Cheese Sandwich
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Jicama Sticks</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Pear</i>
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Turkey & Bean Chili <i>Poptillas Chips</i>	Hamburger
Cheese Melt Oven Baked Fries	Cheesy Alfredo Pasta w/ Steamed Broccoli	Bean & Cheese Burrito w/ Pinto Beans	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
<i>Baby Carrots</i>	<i>Baby Carrots</i>	<i>Fava Bean Crisps</i>	<i>Cucumber Slices w/ Tajin</i>	<i>Romaine Side Salad w/ Ranch</i>
<i>100% Fruit Juice & Orange</i>	<i>Orange & Apple</i>	<i>Banana & Pear</i>	<i>Apple & Orange</i>	<i>Orange & Pear</i>

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Allergy Friendly Meals Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
Cinnamon Chex Bowl, Strawberry Rockinola Granola, & Fruit*, Milk Option*	GF Cheerios Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*	Cocoa Krispies Bowl, Cinnamon Rockinola Granola, Fruit*, Milk Option*	Rice Krispies Bowl, Strawberry Rockinola Granola, Fruit*, Milk Option*	Corn Chex Bowl, Chocolate Rockinola Granola & Fruit*, Milk Option*
LUNCH				
Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg.	California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.
SNACK				
Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*	Hummus & Corn Chips	Rockinola Granola, Fruit*	Corn Chips, Fritos, Fruit*
SUPPER				
Beef and Veggie Bowl with Zucchini, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Chicken Fajitas Bowl with Green Beans, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Burrito Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	California Turkey and Vegetable Bowl, Fruit*, Milk Option* 2M, 2G, 1C Veg.	Turkey Marinara Bowl with Green Peas, Fruit*, Milk Option* 2M, 2G, 1C Veg.
FIELD TRIP				
Hummus Cup, Corn Chips Fritos, Sunbutter Cup, RockinOla Granola Apple Sauce 4.5oz, Paradise Punch Vegetable Juice 4oz				

Safe Handling Instructions for Frozen Entrees;



Keep the lunch food frozen/refrigerated until ready to cook and serve.



Tear open the side of the film and place the tray in the microwave and microwave on high for 3-5 minutes.



Ensure the internal temperature reaches 165°F; otherwise, place the plate in the microwave again and heat it for an additional 2-3 minutes/ until reaches the 165 °F. Allow the food to rest for 1 minute. Handle with care. The content is hot. For conventional oven, set the oven temperature at 300°F and heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Our Allergen Management Plan;

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place that prevent allergen cross-contamination. This meal is free of major 8 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the below-listed allergies up to the stated limit of detection (LOD) using an accredited test method.

Warning: Although these meals don't contain any fish ingredients, the validation test is not being performed in our kitchen.

Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
Almond Protein	2 ppm	Gluten Protein	4 ppm
Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
Coconut Protein	10 ppm	Total Milk Protein	1 ppm
Crustacean Protein	2 ppm	Peanut Protein	1 ppm
Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
Soy Protein	2 ppm	Sesame Protein	5 ppm