



FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Burrito Bowl, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>2 Breakfast: Cheddar Stick 0.75oz, Cinnamon Chex Bowl, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p>4 Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p>5 Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, fresh fruit</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>6 Breakfast: WG Strawberry Poptart, String Cheese, fresh fruit</p> <p>Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p>Lunch: No School</p>	<p>9 Breakfast: Golden Grahams Cereal Bowl- 1oz, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p>11 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p>12 Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>13 Breakfast: String Cheese, WG Cinnamon Poptart, fresh fruit</p> <p>Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies, and veggies</p>
<p>16 Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>17 Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p>18 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p>19 Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, fresh fruit</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>20 Breakfast: String Cheese, WG Strawberry Poptart, fresh fruit</p> <p>Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p>23 Breakfast: String Cheese, WG Muffin, fresh fruit</p> <p>Lunch: Cajun Chicken &amp; Rice, fresh fruit, Frozen Diced Carrots</p> <p>Alt. Lunch: Cheesy Quesadilla (Tray), fresh fruit, Frozen Diced Carrots</p>	<p>24 Breakfast: Golden Grahams Cereal Bowl- 1oz, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>	<p>25 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>	<p>26 Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Chicken Caesar Salad, fresh fruit</p> <p>Alt. Lunch: (V, GF) Caesar Salad with Chickpeas, Whole Wheat Roll, fresh fruit</p>	<p>27 Breakfast: WG Cinnamon Poptart, String Cheese, fresh fruit</p> <p>Lunch: (V) Sunflower Butter &amp; Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p>30 Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Orange Chicken and Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>	<p>31 Breakfast: Cinnamon Chex Bowl, Cheddar Stick 0.75oz, fresh fruit</p> <p>Lunch: Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, Frito Chip 2 oz Packs, fresh fruit</p>			

DF - Dairy Free      GF - Gluten Free      V - Vegeta

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.