



FEATURE OF THE MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch: No School</p>	<p><b>2</b> Breakfast: WG Muffin, Colby Jack Stick, fresh fruit</p> <p>Lunch: (V) Cheesy Beans and Rice, WG Chip Packs, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Cuban Black Bean Dip, Frito Chip 2 oz Packs, fresh fruit, and veggies</p>	<p><b>3</b> Breakfast: WW Waffle, Hardboiled Egg, fresh fruit, Strawberry Jam Cup</p> <p>Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll, fresh fruit, fresh fruit</p>	<p><b>4</b> Breakfast: String Cheese, Frosted Flakes Cereal Bowl - 1oz, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies, and veggies</p>	<p><b>5</b> Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: (GF, DF) Tilapia &amp; Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Curry Chickpeas and Quinoa, fresh fruit, and veggies</p>
<p>Breakfast: Honey Graham Toasters Bowl 1oz, String Cheese, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, fresh fruit</p> <p>Alt. Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, fresh fruit</p>	<p><b>9</b> Breakfast: Colby Jack Stick, WG Muffin, fresh fruit</p> <p>Lunch: Taco Salad, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Vegan Taco Salad, fresh fruit, and veggies</p>	<p><b>10</b> Breakfast: WG French Toast Sticks, Hardboiled Egg, fresh fruit, Apple Butter Cup</p> <p>Lunch: (DF) Cheeseburger, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Vegan Chili, Frito Chip 2 oz Packs, fresh fruit, and veggies</p>	<p><b>11</b> Breakfast: String Cheese, Frosted Flakes Cereal Bowl - 1oz, fresh fruit</p> <p>Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p>	<p><b>12</b> Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: (GF, DF) Teriyaki Chicken with Rice, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Teriyaki Black Bean &amp; Rice, fresh fruit, and veggies</p>
<p>Lunch: No School</p>	<p><b>16</b> Breakfast: WG Muffin, Colby Jack Stick, fresh fruit</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p> <p>Alt. Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p>	<p><b>17</b> Breakfast: WG Pancake, Hardboiled Egg, fresh fruit, Maple Syrup Cup</p> <p>Lunch: Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Curry Chickpeas and Quinoa, fresh fruit, and veggies</p>	<p><b>18</b> Breakfast: String Cheese, Frosted Flakes Cereal Bowl - 1oz, fresh fruit</p> <p>Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p>	<p><b>19</b> Breakfast: Whole Wheat Bagel, Cream Cheese, fresh fruit</p> <p>Lunch: Biscuits and Gravy, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll, fresh fruit, and veggies, and veggies</p>
<p>Breakfast: Honey Graham Toasters Bowl 1oz, String Cheese, fresh fruit</p> <p>Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (DF) Whole Grain Chicken Corn Dog, fresh fruit, and veggies</p>	<p><b>23</b> Breakfast: WG Muffin, Colby Jack Stick, fresh fruit</p> <p>Lunch: Chicken Quesadilla, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla, fresh fruit, and veggies</p>	<p><b>24</b> Breakfast: WW Waffle, Hardboiled Egg, fresh fruit, Strawberry Jam Cup</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p>Alt. Lunch: (DF) Cheeseburger, fresh fruit, and veggies</p>	<p><b>25</b> Breakfast: String Cheese, Frosted Flakes Cereal Bowl - 1oz, fresh fruit</p> <p>Lunch: (DF) Meaty Spaghetti, WG Garlic Bread, fresh fruit, fresh fruit</p> <p>Alt. Lunch: (V, GF, DF) Beyond Spaghetti, fresh fruit, fresh fruit</p>	<p><b>26</b> Breakfast: Cream Cheese, Whole Wheat Bagel, fresh fruit</p> <p>Lunch: Cajun Chicken &amp; Rice, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: Cajun Red Beans &amp; Rice, fresh fruit, and veggies, and veggies</p>
<p>Breakfast: Honey Graham Toasters Bowl 1oz, String Cheese, fresh fruit</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p>	<p><b>30</b> Breakfast: WG Muffin, Colby Jack Stick, fresh fruit</p> <p>Lunch: Burrito Bowl, fresh fruit, and veggies</p> <p>Alt. Lunch: Vegan Burrito Bowl, fresh fruit, and veggies</p>	<p><b>31</b></p>		

DF - Dairy Free

GF - Gluten Free

V - Vegete

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

This institution is an equal opportunity provider.