SUMMIT PUBLIC SCHOOLS (9-11) JANUARY

Lunch Bulk Menu (K-8)



Monday	Tuesday	Wednesday	Thursday	Friday
3 No Meal Service	 4 - Chicken Burrito Veggie Nuggets W/Rice & Peas Beef Hot Dog Spicy Chicken Wrap 	 5 - Chicken Noodle Soup - Red Beans & Rice - Greek Chicken & Rice Pilaf - Chicken Bacon Ranch Salad W/ Roll 	 6 - Chicken Nuggets W/ Butter & Cheese Pasta - Pasta W/ Butter & Cheese - Chicken Pesto Sandwich - Turkey And Cheddar Sandwich 	7 - Pepperoni Pizza - Cheese Pizza - Bean & Cheese Burrito - Asian Chicken Wrap
 10 - Spaghetti W/Beef Meatsauce Pasta X Plosion! Carne Asada Burrito Turkey And Cheddar Sandwich 	 11 - Chicken Parmesan On A French Roll Minestrone Soup W/ Roll Sesame Orange Chicken W Rice Sunbutter & Jelly Sandwich 	 12 - Penne Pasta W/Turkey Meatsauce - Veggie Chow Mein - Breaded Chicken Sandwich - Breaded Chicken Wrap 	 13 - Chicken Nuggets W/ Butter & Cheese Pasta - Vegetarian Parmesan W/ Pasta - Sloppy Joe - Turkey And Cheddar On A French Roll 	14 - Pepperoni Pizza - Cheese Pizza - Chicken Fried Rice - Chicken Caesar Salad W/ Roll
17 No Meal Service	 18 - Pesto Chicken Over Pasta Beef Hot Dog Vegan Fried Rice Chicken Salad On A French Roll 	19 - Chicken Corn Dog - Pasta Primavera - Fish Sticks W/ Rice Pilaf - Sunbutter & Jelly Sandwich	20 - Chicken Nuggets W/ Butter & Cheese Pasta - Pasta W/ Butter & Cheese - Chicken & Rice Soup - Chicken Bacon Ranch Wrap	 21 - Pepperoni Pizza - Cheese Pizza - Bean & Cheese Burrito - Turkey And Cheddar Sandwich
 24 - Bbq Chicken And Rice - Pasta X Plosion! - Sweet And Sour Chicken - Sunbutter & Jelly Sandwich 	 25 - Mr. Mike's Bbq Chicken Sandwich - Cheesy Bean Dip W/ Tortilla Chips - Beef Hot Dog - Chicken Caesar Wrap 	26 - Beef Tamale W/ Spanish Rice - Cheese Enchiladas - Breaded Chicken Sandwich - Farmers Market Tuna Salad W/ Roll	27 - Turkey Dinner - Mac And Cheese - Mini Chicken Corn Dogs - Roast Beef & Cheese On French Roll	28 - Pepperoni Pizza - Cheese Pizza - Curry Fried Rice - Beef Fajita Wrap
 31 - Spicy Popcorn Chicken W/ Butter & Cheese Pasta - Broccoli Cheddar Potato Bowl W/ Roll - Breakfast Skillet W/ Biscuit - Egg Salad Sandwich 	1	2	3	4

Drinks Nonfat Milk, 1% Milk

SUMMIT PUBLIC SCHOOLS (9-11)



Fresh Start Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3 No Meal Service	 4 - Sausage And Egg Muffin Turk Bagel W/ Cream Cheese (Brk) Breakfast Cereal, Wg 	 5 - Ham And Cheese Bagel - Apple Farmer's Market Bar - Breakfast Cereal, Wg 	 6 - Pancake & Sausage Sandwich (P) Apple Cinnamon Brkfst Scone Breakfast Cereal, Wg 	 7 - French Toast Stix 2 Pk - Sunbutter & Jelly Sandwich - Breakfast Cereal, Wg
10 - Mini Silver Dollar Pancake/Syr - Breakfast Bun - Berry Breakfast Scone	 Hereakfast Chilaquiles String Cheese And Mini Muffin Breakfast Cereal, Wg 	 12 - Sausage Biscuit Sandwich T Banana Chocolate Chunk Scone Breakfast Cereal, Wg 	13 - Breakfast Bowl, Biscuit B - Corn Muffin - Breakfast Cereal, Wg	 14 - Melted Cheddar On A Bagel Brk Yogurt With Graham Brk Breakfast Cereal, Wg
17 No Meal Service	 18 - Pork Sausage On A Bun Apple Cinnamon Frudel Breakfast Cereal, Wg 	 19 - Sausg&Cheese Brk Burrito Brk String Cheese And Mini Muffin Breakfast Cereal, Wg 	20 - French Toast Stix 2 Pk - Berry Breakfast Scone - Breakfast Cereal, Wg	21 - Egg & Cheese Burrito - Apple Cinnamon Brkfst Scone - Breakfast Cereal, Wg
24 - Pancake & Sausage Sandwich (P) - Cherry Frudel - Breakfast Cereal, Wg	25 - Breakfast Bowl, Biscuit B - Breakfast Bun - Breakfast Cereal, Wg	26 - French Toast Stix 2 Pk - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal, Wg	 27 - Egg & Cheese Breakfast Taco - Banana Choc Farmers Market Bar - Breakfast Cereal, Wg 	28 - Breakfast Chilaquiles - Corn Muffin - Breakfast Cereal, Wg
 31 - Egg & Cheese Burrito Yogurt With Graham Brk Breakfast Cereal, Wg 	1	2	3	4

Drinks

Nonfat Milk, 1% Milk

	TH A CHOICE OF FRESH FRUIT, FRESH RINK.	
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SUMMIT PUBLIC SCHOOLS (9-11)

Lunch Bulk Menu (K-8)



Date	Menu Item		Allergens
Tuesday 4	Chicken Burrito		Milk, Chicken, Wheat, Tomato
raceady 4	Veggie Nuggets W/Rice & Peas	Veg	Wheat, Soy, Egg, Milk
	Beef Hot Dog	vog	Wheat, Beef, Soy
	Spicy Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken
We dreed ev E			
Wednesday 5	Chicken Noodle Soup Red Beans & Rice		Wheat, Chicken Tomato
	Greek Chicken & Rice Pilaf		Chicken
	Chicken Bacon Ranch Salad W/ Roll		Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
Thursday 6	Chicken Nuggets W/ Butter & Cheese Pasta		Wheat, Soy, Egg, Milk, Chicken
	Pasta W/ Butter & Cheese		Wheat, Milk
	Chicken Pesto Sandwich		Chicken, Milk, Wheat, Soy
	Turkey And Cheddar Sandwich		Wheat, Milk, Turkey, Soy
Friday 7	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza		Wheat, Soy, Milk, Tomato
	Bean & Cheese Burrito		Milk, Wheat, Soy
	Asian Chicken Wrap		Chicken, Wheat, Soy, Milk
Monday 10	Spaghetti W/Beef Meatsauce		Wheat, Egg, Beef, Milk, Tomato, Soy
monday io	Pasta X Plosion!		Wheat, Milk, Tomato
	Carne Asada Burrito		Milk, Wheat, Beef, Soy
	Turkey And Cheddar Sandwich		Wheat, Milk, Turkey, Soy
Tuesday 11	Chicken Parmesan On A French Roll		Wheat, Soy, Milk, Tomato, Chicken
	Minestrone Soup W/ Roll		Tomato, Wheat, Soy, Milk, Egg
	Sesame Orange Chicken W Rice		Chicken, Wheat, Soy
	Sunbutter & Jelly Sandwich		Wheat, Soy
Wednesday 12	Penne Pasta W/Turkey Meatsauce		Wheat, Milk, Tomato, Turkey
weunesuay 12	Veggie Chow Mein		Egg, Wheat, Soy
	Breaded Chicken Sandwich		Wheat, Soy, Milk, Chicken
	Breaded Chicken Wrap		Wheat, Milk, Chicken
Thursday 13	Chicken Nuggets W/ Butter & Cheese Pasta		Wheat, Soy, Egg, Milk, Chicken
	Vegetarian Parmesan W/ Pasta	Veg	Wheat, Soy, Egg, Milk, Tomato
	Sloppy Joe		Wheat, Soy, Tomato, Turkey
	Turkey And Cheddar On A French Roll		Wheat, Turkey, Milk
Friday 14	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza		Wheat, Soy, Milk, Tomato
	Chicken Fried Rice		Egg, Wheat, Soy, Chicken
	Chicken Caesar Salad W/ Roll		Milk, Chicken, Wheat, Egg, Soy, Fish
Tuesday 18	Pesto Chicken Over Pasta		Wheat, Chicken, Milk
-	Beef Hot Dog		Wheat, Beef, Soy
	Vegan Fried Rice	V	Soy
	Chicken Salad On A French Roll		Chicken, Egg, Milk, Wheat

601 Taylor Way, San Carlos, CA 94070

SUMMIT PUBLIC SCHOOLS (9-11) JANUARY

Lunch Bulk Menu (K-8)



Date	Menu Item	Allergens
Wednesday 19	Chicken Corn Dog	Chicken, Soy, Egg, Wheat
-	Pasta Primavera	Wheat, Milk, Soy
	Fish Sticks W/ Rice Pilaf	Fish, Wheat, Chicken, Egg
	Sunbutter & Jelly Sandwich	Wheat, Soy
Thursday 20	Chicken Nuggets W/ Butter & Cheese Pasta	Wheat, Soy, Egg, Milk, Chicken
	Pasta W/ Butter & Cheese	Wheat, Milk
	Chicken & Rice Soup	Chicken
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
Friday 21	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Turkey And Cheddar Sandwich	Wheat, Milk, Turkey, Soy
Monday 24	Bbq Chicken And Rice	Chicken, Tomato
-	Pasta X Plosion!	Wheat, Milk, Tomato
	Sweet And Sour Chicken	Chicken, Soy, Wheat, Egg, Milk
	Sunbutter & Jelly Sandwich	Wheat, Soy
Tuesday 25	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Cheesy Bean Dip W/ Tortilla Chips	Milk, Soy
	Beef Hot Dog	Wheat, Beef, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
Wednesday 26	Beef Tamale W/ Spanish Rice	Soy, Milk, Beef, Tomato
	Cheese Enchiladas	Milk, Soy, Tomato
	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken
	Farmers Market Tuna Salad W/ Roll	Wheat, Fish
Thursday 27	Turkey Dinner	Soy, Milk, Wheat, Turkey
	Mac And Cheese	Wheat, Milk
	Mini Chicken Corn Dogs	Wheat, Chicken, Soy, Egg
	Roast Beef & Cheese On French Roll	Beef, Milk, Wheat
Friday 28	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Curry Fried Rice	Wheat, Soy, Egg
	Beef Fajita Wrap	Wheat, Milk, Beef, Tomato, Egg
Monday 31	Spicy Popcorn Chicken W/ Butter & Cheese Pasta	Wheat, Milk, Chicken
-	Broccoli Cheddar Potato Bowl W/ Roll	Wheat, Milk, Soy, Egg
	Breakfast Skillet W/ Biscuit	Wheat, Soy, Egg, Milk, Pork, Turkey, Beef
	Egg Salad Sandwich	Egg, Wheat, Soy



SUMMIT PUBLIC SCHOOLS (9-11)

Fresh Start Breakfast



Dete	Manultan		Allergene
Date	Menu Item		Allergens
Tuesday 4	Sausage And Egg Muffin Turk		Wheat, Egg, Milk, Pork
	Bagel W/ Cream Cheese (Brk)		Wheat, Milk
	Breakfast Cereal, Wg		Wheat
Wednesday 5	Ham And Cheese Bagel		Wheat, Pork, Milk
-	Apple Farmer's Market Bar		Wheat, Egg, Milk
	Breakfast Cereal, Wg		Wheat
Thursday 6	Pancake & Sausage Sandwich (P)		
	Apple Cinnamon Brkfst Scone		
	Breakfast Cereal, Wg		Wheat
Friday 7	French Toast Stix 2 Pk		Wheat, Soy, Egg, Milk
Fliudy /	Sunbutter & Jelly Sandwich		Wheat, Soy, Egg, Milk Wheat, Soy
	Breakfast Cereal, Wg		Wheat
Monday 10	Mini Silver Dollar Pancake/Syr		Wheat, Soy, Egg, Milk
-	Breakfast Bun		
	Berry Breakfast Scone		Wheat, Egg, Milk
Tuesday 11	Breakfast Chilaquiles		Wheat, Soy, Egg, Milk
	String Cheese And Mini Muffin		Milk, Wheat, Soy, Egg
	Breakfast Cereal, Wg		Wheat
Wednesday 12	Sausage Biscuit Sandwich T		Wheat, Soy, Turkey
	Banana Chocolate Chunk Scone		
	Breakfast Cereal, Wg		Wheat
Thursday 13	Breakfast Bowl, Biscuit B		Egg, Milk, Wheat, Soy, Pork, Turkey, Beef
including io	Corn Muffin		
	Breakfast Cereal, Wg		Wheat
Friday 14	Melted Cheddar On A Bagel Brk		Wheat, Soy, Milk
Fliudy 14	Yogurt With Graham Brk		Milk, Wheat
	Breakfast Cereal, Wg		Wheat
Tuesday 18	Pork Sausage On A Bun		Wheat, Soy, Pork
	Apple Cinnamon Frudel	Veg	
	Breakfast Cereal, Wg		Wheat
Wednesday 19	Sausg&Cheese Brk Burrito Brk		Wheat, Egg, Milk, Pork
-	String Cheese And Mini Muffin		Milk, Wheat, Soy, Egg
	Breakfast Cereal, Wg		Wheat
Thursday 20	French Toast Stix 2 Pk		Wheat, Soy, Egg, Milk
	Berry Breakfast Scone		Wheat, Egg, Milk
	Breakfast Cereal, Wg		Wheat
Eriday 24	-		
Friday 21	Egg & Cheese Burrito Apple Cinnamon Brkfst Scone		Wheat, Egg, Milk
	Breakfast Cereal, Wg		Wheat
	Dicaniasi Ocical, Wy		Wileat

601 Taylor Way, San Carlos, CA 94070

SUMMIT PUBLIC SCHOOLS (9-11)
JANUARY

Fresh Start Breakfast



Date	Menu Item	Allergens	
Monday 24	Pancake & Sausage Sandwich (P)		
	Cherry Frudel	Wheat, Milk	
	Breakfast Cereal, Wg	Wheat	
Tuesday 25	Breakfast Bowl, Biscuit B	Egg, Milk, Wheat, Soy, Pork, Turkey, Beef	
	Breakfast Bun		
	Breakfast Cereal, Wg	Wheat	
Wednesday 26	French Toast Stix 2 Pk	Wheat, Soy, Egg, Milk	
	Bagel W/ Cream Cheese (Brk)	Wheat, Milk	
	Breakfast Cereal, Wg	Wheat	
Thursday 27	Egg & Cheese Breakfast Taco	Egg, Milk, Wheat	
	Banana Choc Farmers Market Bar	Wheat, Soy, Egg, Milk	
	Breakfast Cereal, Wg	Wheat	
Friday 28	Breakfast Chilaquiles	Wheat, Soy, Egg, Milk	
	Corn Muffin		
	Breakfast Cereal, Wg	Wheat	
		Wheet Egg Milk	
Monday 31	Egg & Cheese Burrito Yogurt With Graham Brk	Wheat, Egg, Milk Milk, Wheat	
	Breakfast Cereal, Wg	Wheat	
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