# Summit Public Schools Local Wellness Committee [2018-2019]

5/23/19

Sign- In

Name	Role	Email
Daniel Fuchs Jack e Garria	Operation 7 CEM	Squraa & Summer org
Jacke Garcia Alicia Alvarez	Lunch Service	Alicealvaile 6 mail
Alma Guzman-MacGi	Mirray Dean of Ops	aguzman@summitos.or
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This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/[	District	Name Summit Public Schools Reviewer Daniel techs	
Schoo	l Name	e Summit Prep Date 5/23/19	
Select	all gra	des: PK K 1 2 3 4 5 6 7 8 9 10	11 12
Yes	No	I. Public Involvement	=0
Ø	0	We encourage the following to participate in the development, implementation, and evaluation of our we	llness policy:
		Administrators School Food Service Staff P.E. Teachers Par	ents
-/	/	School Board Members School Health Professionals Students Pub	olic
Ø	O	We have a designee in charge of compliance.	
	,	Name/Title: Dan Fachs Director of Regional ODS	
Ø	0	We make our policy available to the public.	T.
		Please describe: Vebsite posted in school	
0	Ø	We measure the implementation of our policy goals and communicate results to the public.	*
		Please describe:	
Ø		Our district reviews the wellness policy at least annually.	7
Yes	No	II. Nutrition Education	
_	25-000		
0	Ø	Our district's written wellness policy includes measurable goals for nutrition education.	
00	8	Our district's written wellness policy includes measurable goals for nutrition education.  We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).	
000	000	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).	High School
O O Yes	No No	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).  We offer nutrition education to students in:  Elementary School  Middle School	High School
O O Yes	NO S NO	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).  We offer nutrition education to students in: Elementary School Middle School  III. Nutrition Promotion	High School
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Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
Ø	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Ø	0	We operate the School Breakfast program: Before School In the Classroom Grab & Go
Ø	0	We follow all nutrition regulations for the National School Lunch Program (NSLP),
O	Q	We operate an Afterschool Snack Program.
0	Ø	We operate the Fresh Fruit and Vegetable Program.
8	-0	We have a Certified Food Handler as our Food Service Manager.
X	0	We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
	_	as à La Carte Offerings in School Stores in Vending Machines as Fundraisers
Yes	No	V. Physical Activity
Ø	. 0	Our district's written wellness policy includes measurable goals for physical activity.
$\circ$	Ø	We provide physical education for elementary students on a weekly basis.
0	Ø	We provide physical education for middle school during a term or semester.
0	Ø	We require physical education classes for graduation (high schools only).
0	$\emptyset$	We provide recess for elementary students on a daily basis.
\$00000	Ø	We provide opportunities for physical activity integrated throughout the day.
0	$\otimes$	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
Q	0	Teachers are allowed to offer physical activity as a reward for students.
$\mathbb{Q}$	0	We offer before or after school physical activity: Competitive sports Non-competitive sports Other clubs
Yes	` No	VI. Other School Based Wellness Activities
Ø	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
Ø.	O	We provide training to staff on the importance of modeling healthy behaviors.
Q	0	We provide annual training to all staff on: Nutrition Physical Activity
Ó	Ø	We have a staff wellness program.
0	$\circ$	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .
0	0	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
0	Q	We have a recycling /environmental stewardship program.
9	Ø	We have a recognition /reward program for students who exhibit healthy behaviors.
Ø.	O	We have community partnerships which support programs, projects, events, or activities.
VII. F	rogr	ess Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy
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	/ Y [	
		ct Information:
For more	e inform	nation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name	Do	niel Fuchy Position/Title DRO
Email	61	Fucho D guywn + Dg, org Phone 415-377-9895

This institution is an equal opportunity provider

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/D	istrict <b>I</b>	Name SUMMit Public Schools Reviewer Alara Guzman-MacGill
School	Name	Summit Prep Date 5/23/19
Select	all grac	les: PK K 1 2 3 4 5 6 7 8 9 10 11 12 12
Yeş	No	I. Public Involvement
0	0	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
		Administrators School Food Service Staff P.E. Teachers Parents
~/		School Board Members School Health Professionals Students Public
$\odot$	$\bigcirc$	We have a designee in charge of compliance.
	,	Name/Title: Dan Fuchs/Director of Regional Operations
Ø	0	We make our policy available to the public.
	,	Please describe: posted at school, on website
	0	We measure the implementation of our policy goals and communicate results to the public.
		Please describe:
0	0	Our district reviews the wellness policy at least annually.
Yes	No	II. Nutrition Education
0	0	Our district's written wellness policy includes measurable goals for nutrition education.
0	Ø	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc).
0		We offer nutrition education to students in: Elementary School Middle School High School
Yes	No	III. Nutrition Promotion
0,	0	Our district's written wellness policy includes measurable goals for nutrition promotion.
Ø	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
0,	$\bigcirc$	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.
$\odot$	0	We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
$\otimes$		We ensure students have access to hand-washing facilities prior to meals.
0	_ /	We annually evaluate how to market and promote our school meal program(s).
0		We regularly share school meal nutrition, calorie, and sodium content information with students and families.
$\otimes$	06 V	We offer taste testing or menu planning opportunities to our students.
	100000	We participate in Farm to School activities and/or have a school garden.
$\otimes$	- 1	Ne only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
$\alpha$	1	We price nutritious foods and beverages lower than less nutritious foods and beverages.  We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars A La Carte
0	-/	
$\tilde{\mathcal{C}}$	-/	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.  We provide teachers with samples of alternative reward options other than food or beverages.
$\tilde{0}$	$\sim$	Ve provide teachers with samples of alternative reward options other than food or beverages.  Ve prohibit the use of food and beverages as a reward.
	_	

Yes No IV. Nutrition Guidelines (Cont. from page 1)	
Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.	
We operate the School Breakfast program: Before School In the Classroom Grab & Go	
We follow all nutrition regulations for the National School Lunch Program (NSLP).	
We operate an Afterschool Snack Program.	
O, O We operate the Fresh Fruit and Vegetable Program.	
We have a Certified Food Handler as our Food Service Manager.	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	
as à La Carte Offerings in School Stores in Vending Machines as Fundraisers	
Yes No V. Physical Activity	
Our district's written wellness policy includes measurable goals for physical activity.	
We provide physical education for elementary students on a weekly basis.	
We provide physical education for middle school during a term or semester.  We require physical education classes for graduation (high schools only).	
,	
We provide recess for elementary students on a daily basis.	
We provide opportunities for physical activity integrated throughout the day.	
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.  Teachers are allowed to offer physical activity as a reward for students.  We offer before or after school physical activity:  Competitive sports  Non-competitive sports	
Teachers are allowed to offer physical activity as a reward for students.	
Part Control Albert D. Carto Control and Carto C	bs
Yes No VI. Other School Based Wellness Activities	
Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.  We provide training to staff on the importance of modeling healthy behaviors.  We provide annual training to all staff on:  Nutrition  Physical Activity	
We provide training to staff on the importance of modeling healthy behaviors.	
We have a staff wellness program.	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).	
We actively promote walk or bike to school for students with Safe Routes to School or other related programs.	
We have a recycling /environmental stewardship program.	
We have a recognition /reward program for students who exhibit healthy behaviors.	
We have community partnerships which support programs, projects, events, or activities.	
VII. Progress Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy	
attaining the godic of the local weinlose policy	
VIII. Contact Information:	
For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.	
Name Alara Guzman-MacGillivray Position/Title Dean of Ops	
Email aguzman@summitrosorg Phone (400) 550-1110	
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LEA/D	District	Name Summit public schools Reviewer Alicia Alvaraz
Schoo	l Name	Summit Praparatory high school Date 05-23-19
Select	all gra	des: PK K 1 2 3 4 5 6 7 8 9 10 11 12
Yes	No	I. Public Involvement
$\otimes$	0	We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:
		Administrators School Food Service Staff P.E. Teachers Parents
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$\bigcirc$	0	We have a designee in charge of compliance.
		Name/Title: Dan Fuchs Director of Regional operations
$\bigcirc$	$\bigcirc$	We make our policy available to the public.
		Please describe: posted in school & online
0	0	We measure the implementation of our policy goals and communicate results to the public.
		Please describe:
$\otimes$	0	Our district reviews the wellness policy at least annually.
Yes	No	
100		II NUTRITION EQUICATION
$\bigcirc$		II. Nutrition Education  Our district's written wellness policy includes measurable goals for putrition education
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Ø		We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including
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Ø	0	We have a recycling /environmental stewardship program.
O	Ø	We have a recognition /reward program for students who exhibit healthy behaviors.
Ø	O	We have community partnerships which support programs, projects, events, or activities.
VII. F	Progr	ress Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy
\	2 a sa fa	
		act Information: nation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name		Alicia Alvaraz  Position/Title Food Servere handler  Alvaraz  Phone  100-566-1110
Email	MC	alvareze summitps org Phone 185-566-1110

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LEA/D	istrict	Name Summit Public Schools Reviewer Jackie Garaid
Schoo	l Nam	Name Summet Public Schools Reviewer Jackie Charact  Bate 5/23/19
		des: PK K 1 2 3 4 5 6 7 8 9 7 10 7 11 7 12
Yes	No	I. Public Involvement  We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:  Administrators  School Food Service Staff  P.E. Teachers  Parents
8	$\circ$	School Board Members School Health Professionals Students Public  We have a designee in charge of compliance.
$\Diamond$	0	Name/Title: Dan Fuchs Director of reginal operators  We make our policy available to the public.
		Please describe: Posted in School and an line
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Yes	No	III. Nutrition Promotion
0	0	Our district's written wellness policy includes measurable goals for nutrition promotion.
$\widehat{\Phi}$	0	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
$\circ$	9	We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.
7		We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
A	$\tilde{0}$	We ensure students have access to hand-washing facilities prior to meals.  We annually evaluate how to market and promote our school meal program(s).
Õ	0	We regularly share school meal nutrition, calorie, and sodium content information with students and families.
Q	Õ	We offer taste testing or menu planning opportunities to our students.
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<b>D</b>	0	We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).
$\tilde{O}$	$\bigcirc$	We price nutritious foods and beverages lower than less nutritious foods and beverages.
0	0	We offer fruits or non-fried vegetables in: Vending Machines School Stores Snack Bars à La Carte
$\circ$	4	We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.
$\circ$	0	We provide teachers with samples of alternative reward options other than food or beverages.
		We prohibit the use of food and beverages as a reward.

Yes	No	IV. Nutrition Guidelines (Cont. from page 1)
Q	0	Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Q	Ö	We operate the School Breakfast program: Before School In the Classroom & Grab & Go
$\otimes$	$\circ$	We follow all nutrition regulations for the National School Lunch Program (NSLP)
0	0	We operate an Afterschool Snack Program.
0	Ø.	We operate the Fresh Fruit and Vegetable Program.
Q		We have a Certified Food Handler as our Food Service Manager.
Q		We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:
		as à La Carte Offerings in School Stores in Vending Machines as Fundraisers
Yes	No	V. Physical Activity
W Ø	0	Our district's written wellness policy includes measurable goals for physical activity.
1/k O	<b>(</b>	We provide physical education for elementary students on a weekly basis.
WO	0	We provide physical education for middle school during a term or semester.
		We require physical education classes for graduation (high schools only).
0		We provide recess for elementary students on a daily basis.
0		We provide opportunities for physical activity integrated throughout the day.
0	$\bigcirc$	We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
0	$\bigcirc$	Teachers are allowed to offer physical activity as a reward for students.
0	0	We offer before or after school physical activity: Competitive sports Other clu
Yes	No	VI. Other School Based Wellness Activities
0	0	Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
0	0	We provide training to staff on the importance of modeling healthy behaviors.
9	O	We provide annual training to all staff on: Nutrition Physical Activity
O	0	We have a staff wellness program.
O)	0	We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .
Ö	Ø	We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
Ö	0	We have a recycling /environmental stewardship program.
0/	-⊗	We have a recognition /reward program for students who exhibit healthy behaviors.
0	$\bigcirc$	We have community partnerships which support programs, projects, events, or activities.
VII. P	rogr	ess Report: Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy
all will		
10/4	\	
		ct Information: nation about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.
Name		etie Barda Position/Title CEM
		ent operation
Email		Phone 650-566-1110

#### Agenda Items:

- 1. Pass out Wellness Policy Copies, Sign-In & Committee Introductions
  - a. Assign someone to take notes
- 2. Review Current Local Wellness Policy
  - a. Discuss any group questions/comments
- 3. Complete Healthy Schools Program Assessment as a committee
- 4. Set date for next meeting in January/February
  - a. Decide on additional invitees to committee meetings

5. Next Steps:

WE Used to be formal nutrition not anymore Used to be formal nutrition not tracked too hos semester not tracked to PF Expeditions is key for compleme to PF No chololate milk no 30 mins better

Breaktant

Dan Fuchs

Meeter & Remal-0

Dho A